

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HELLO NOVEMBER 	November is the month to remind us to be Thankful for the Many positive things happening in our life	1 Exercise  10:00 Weight and blood pressure	2 Bingo 1:00 	3 Exercise 10:00 	4 Chili lunch 	5 World Chili day  6
7  Daylight Saving Time Ends	8 	9 Exercise 10:00 	10 Bingo 1:00 	11  Veterans Day Remembrance Day (Canada)	12 Sandbags 1:30  Encore hearing visit 9:00-10:30 in the lounge	13 
14  Communion 9:00 In the lounge	15 Art 1:30 	16 Exercise 10:00 	17 Bingo 1:00 	18 Exercise 10:00 	19 Breakfast at the restaurant 9:00 	20 
21 	22 Spin the wheel 1:30 	23 Exercise 10:00 Bonne Fete  Suzanne	24 Bingo 1:00 	25 Exercise 10:00 Music 1:30 in the lounge  Thanksgiving Day	26 Shopping trip 10:00 	27 
28  Communion 9:00 in the lounge Hanukkah Begins	29 Art 1:30 	30 Exercise 10:00 	 <h1>November 2021</h1> <p>And just like that, summer fell into fall</p>			